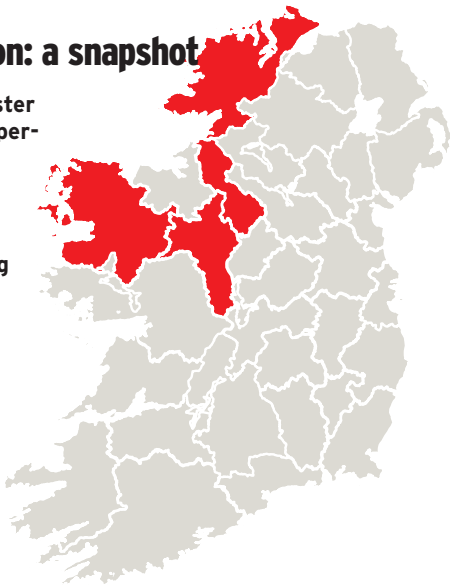
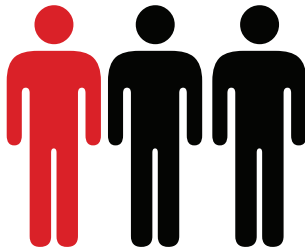


## Rural isolation: a snapshot

Connacht and Ulster have the largest percentage of older people, with Donegal, Leitrim, Mayo and Roscommon being among those with the highest numbers of the over 65s.



Source: Alone, Rural  
v urban isolation -  
Position Paper



One in every three people aged 65 and over in Ireland lives alone.

CSO figures show that older people living in rural areas have much lower incomes than those living in urban areas, as well as higher costs

Older people in rural areas are more deprived than older people living in urban areas and suffer slightly higher levels of poor health



of rural patients live within walking distance of their GP, compared with 89% of urban dwellers.